

	Three months ended September 30,		Nine months ended September 30,	
	2019	2018	2019	2018
(\$000s, unless otherwise indicated)				
Oil and gas sales (20,107	25,625	73,667	77,275
Cash flow from operations	-2,931	-309	11,497	7,201
Adjusted funds flow	-3,922	1,920	854	6,080
Per share - Basic and diluted	-0.01	0.01	-	0.02
Loss	-17,739	-10,710	-48,443	-44,199
Per share - Basic and diluted	-0.05	-0.03	-0.15	-0.14
Capital expenditure	1,123	1,910	2,933	6,363
Acquisitions	-7	659	8,599	368
Net Debt ²	63,745	56,325	63,745	56,325
Production (Boe/d)	19,033	19,603	18,967	19,721
Weighted-average outstanding (000s)	91%	94%	92%	94%
Basic and diluted	327,784	307,076	316,406	307,076
Combined sales price	11.48	14.21	14.23	14.35
Operating netback	-0.97	2.34	1.59	2.37
Corporate netback	-2.24	1.06	0.17	1.13
Operating netback	-0.16	0.39	0.27	0.4
Corporate netback	-0.37	0.18	0.03	0.19