

		Three months ended	
			March 31,
		2020	2019
(\$000s, unless otherwise indicated)			
Commodity sales (before royalty expense)		25,441	32,063
Cash flow from operating activities		1,637	7,925
Adjusted funds flow ²		1,153	6,823
Per share - Basic and Diluted (\$/share) ²		-	0.02
Loss		(20,011)	(6,525)
Per share - Basic and Diluted (\$/share)		(0.06)	(0.02)
Capital expenditures		1,822	995
Net Debt ²		65,532	51,820
Production (Boe/d)		19,169	18,741
Percentage natural gas (%)		91%	93%
Weighted-average common shares outstanding (000s)			
Basic and diluted		327,784	307,076
Combined sales price (\$/Boe)		14.58	19.01
Operating netback (\$/Boe) ²		2.25	5.68
Corporate netback (\$/Boe) ²		0.65	4.04
Operating netback (\$ per Mcfe) ²		0.38	0.95
Corporate netback (\$ per Mcfe) ²		0.11	0.67