

	Three months ended December 31,		Year ended December 31,	
	2019	2018	2019	2018
(\$000s, unless otherwise indicated)				
Commodity sales (before royalty expense)	<b>31,339</b>	30,110	<b>105,006</b>	107,385
Cash flow from operating activities	<b>4,039</b>	1,415	<b>15,536</b>	8,616
Adjusted funds flow <sup>1</sup>	<b>5,025</b>	4,433	<b>5,879</b>	10,513
Per share - Basic and Diluted (\$/share) <sup>1</sup>	<b>0.02</b>	0.01	<b>0.02</b>	0.03
Loss	<b>-7,987</b>	-28,520	<b>-56,430</b>	-72,719
Per share - Basic and Diluted (\$/share)	<b>-0.02</b>	-0.09	<b>-0.18</b>	-0.24
Capital expenditures	<b>5,446</b>	4,302	<b>8,379</b>	10,665
Acquisitions	<b>202</b>	-61	<b>8,801</b>	307
Capital dispositions	<b>-1,443</b>	-51	<b>-1,542</b>	-285
Net Debt <sup>1</sup>	<b>64,038</b>	56,819	<b>64,038</b>	56,819
Production (Boe/d)	<b>19,661</b>	19,576	<b>19,142</b>	19,684
Weighted-average common shares outstanding (000s)	<b>92%</b>	94%	<b>92%</b>	94%
Basic and diluted	<b>327,784</b>	307,076	<b>319,274</b>	307,076
Combined sales price (\$/Boe)	<b>17.33</b>	16.72	<b>15.03</b>	14.95
Operating netback (\$/Boe) <sup>1</sup>	<b>4.16</b>	3.56	<b>2.25</b>	2.68
Corporate netback (\$/Boe) <sup>1</sup>	<b>2.79</b>	2.46	<b>0.84</b>	1.47
Operating netback (\$ per Mcfe) <sup>1</sup>	<b>0.69</b>	0.59	<b>0.38</b>	0.45
Corporate netback (\$ per Mcfe) <sup>1</sup>	<b>0.47</b>	0.41	<b>0.14</b>	0.25