			Three months ended March 31,		
(\$000s, unless otherwise indicated)		2017		2016	
Oil and gas sales (before royalties)		35,148		27,230	
Cash flow from operating activities		13,835		9,622	
Funds flow from operations 2		11,233		1,398	
	Per share - Basic and Diluted (\$	/share) 2 0.04		0	
Earnings (Loss)		(2,536)	(16,177)
	Per share - Basic and Diluted (\$	/share) (0.01)	(0.05)
Capital expenditures		3,801		3,617	
Acquisitions, after adjustments		-		585	
Net debt 2		58,930		143,587	
Weighted-average	common shares outstanding (000s))			
	Basic and	diluted 307,076		305,512	
Production (Boe/d)		21,214		23,297	
Percent natural gas		95	%	92	%
Combined sales price (\$/Boe)		18.41		12.84	
Operating netback (\$/Boe) 2		7.14		2.68	
Operating netback (\$ per Mcfe)2		1.19		0.45	
Corporate netback (\$/Boe) 2		5.88		0.66	
Corporate netback (\$ per Mcfe) 2		0.98		0.11	